

Biography

Diana Raab, PhD

Diana Raab, MFA, PhD, is a memoirist, poet, workshop leader, thought-leader and award-winning author of 14 books and editor of three anthologies. Her work has been widely published and anthologized. Her poems have been nominated for the Pushcart Prize and The Best of the Net. She frequently speaks and writes on writing for healing and transformation.

Her latest book is an anthology called, *Women in A Golden State: California Poets at 60 and Beyond* (Gunpowder Press, 2025).

Her newest memoir is *Hummingbird: Messages from My Ancestors* (Modern History Press, 2024).

Raab writes for *Psychology Today*, *The Good Men Project*, *Sixty and Me*, *Medium*, and is a guest writer for many others. Visit: <https://www.dianaraab.com>.