

Take One Thing

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Today, if you had to take
one thing and leave the rest,

would it be your computer,
briefcase, favorite book,

painting, lamp, garbage basket,
mirror, table,

statue, lacquered box,
flower, plant, desk, chair,

cup, dish, utensil,
curtain, cell phone, phone book,

hat, shoes, shirt, dress,
pants, pajamas,

necklace, watch,
ring, bracelet, scarf, toy,
journal, instrument,

pen, pad, tennis racket,
lingerie, medication,

toiletry, make-up or
electrical device?

I already decided.

I'd take my state of mind
which could resist

and its sanctuary holding
peaceful barriers offering a welcomed renewal.