DIANA RAAB

PINK PETALS

Cherry blossom petals fell on childhood home lawn: silky droppings each May before my birthday—coating the grass like a soft baby blanket wrapped around a newborn.

Every year I waited for that day because I knew gifts arrived soon after, but I also wanted to absorb the beauty and gentleness, carried in each petal.

With my gray cat, Pixie, each day after school,
I sat on the hill of my front lawn and tossed petals into the air watching them get caught in my hair and stuck to my pants.

I'd then wiggle close to my cat and slowly bring her to my lap in the same way how last week I brought my dog to my lap, only moments before he left me, just wanting to say I love you and good-bye one last time. Isn't that what we do with those we love?
Bring them close, feel their heartbeat,
their breath and their skin for one last time
until there is a breath no more,
and all we remember is
how we healed one another
one petal at a time.

SPIRITUAL PRACTICE

Walking through my garden today, I stop and study the magnificence of nature and how it heals my broken hearts as olive tree branches sway in the wind.

Sterile olives fall to the ground, and bees buzz inside purple flowers, while hummingbirds flutter from one red flower to the next.

Crows sweep down for water into my birdbath, an arch of roses drop their petals as I walk beside a plumeria with its sweet scent reminding me of beloved trips to Maui.

Pebbles crunch under my feet, camouflaged lizards remain still until approached. In the corner, large rocks my grandson climbs

under a big oak tree hanging over a bench where I sit as he swings in his very own playground.

Another hummingbird arrives from the heavens to tell me that grandma sees all, and reminds me how being still is the best spiritual practice in our ever-transforming universe of life's garden.

IN THE EYE

One year on Friday the thirteenth of August began my belief in superstitions as a hurricane ripped through our Florida property: a big oak tree crashed across our driveway locking us in from the outside world. Our yard's potted cypress trees flopped to the ground in a zillion pieces.

Only moments before I pushed a cart through the supermarket where people frantically jammed carts of supplies—water, batteries, peanut butter, tuna and powdered milk, dashing through the wet parking lot trying to beat the eye staring at us, and waiting to pierce our souls and ruin lives forever.

As I pulled into the garage lightning sparked and thunder bellowed. The sky emptied buckets at my feet. I plopped supplies onto the kitchen counter and tossed the collectibles from our hall closet—old dolls, photo albums, collapsible chairs, and boxes of first drafts, to hide in the only place without windows and where silence hovered all the way across the lake to the dark homes on the other side.

There was no sign of life anywhere until the next rush of nature's fury—the burst of thunder and another gush of rain and a bolt which could have killed us all, as we prayed our house would not cave to the railroad-sounding roar

WHAT WE NOTICE

In the heart of the day don't you see the hummingbird hover over the red flower and nudge it for nectar as the hawk flies above scanning the garden for rodents?

And don't you believe the olive trees know their olives are sterile amongst everything else fertile?

And don't you smell the hybrid roses in our garden corner offering the highest vibration of all flowers? Don't you see a cloud hovers over the tallest trees shielding us from faraway dangers?

And don't you hear the freeway hum in the distance as humans rush about sometimes oblivious to the callings of nature as they look up to our sky and wonder if it will rain

or be sunny so that they can get in their very last golf game, as evening settles and birds sleep very still in our trees and shades of flowers dim under our brilliant moonlight?