

kindred spirits

Diana Raab

On the small porch beneath her bedroom window, where she took her life, my grandmother and I used to sit for hours watching passersby.

She taught me the art of people-watchinginspiring the writer in me.

Now, decades later, I sit on my own porch and see how narratives form life's tapestries.

I never got a chance to thank Grandma for her gifts: teaching me to type, and her nurturing while my parents worked long hours in their retail store.

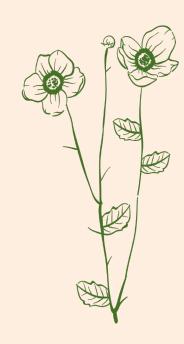
No chance to express gratitude for her teachings: like how to look pretty wherever I went, even when putting the garbage,

and to not burn any bridges, to write my thoughts in a journal, and to smile when sad, to be with those who inspire, and to listen to my heart.

But in the end, I did get to thank her, as last week during my pandemic similar to hers back early in the twentieth century,

she returned outside my writing studio as a fluttering hummingbird to offer more wisdoms and guide me during my lost moments.

Oh how I wish she can hear me sing this song of love like she sang to me on my childhood porch.



Message to my body

Diana Raab

It took a long time for me to say this

but I do appreciate you you have tested me

ever since my first push into this world. Born less than five pounds, tonsillectomy at seven, childhood trauma,

incompetent cervix leaving me on bedrest for three pregnancies then three cesareans, bout of breast cancer, then blood cancer.

Over and over again you tested me and I've pulled through.

My will to survive
will get me through
as I refuse to be the victim,
but rather invite the light right in.

