

## Bio Note Diana Raab, PhD

Diana Raab, MFA, PhD, is a memoirist, poet, blogger, speaker, and award-winning author of thirteen books. Her work has been published and anthologized in thousands of publications. She frequently speaks on writing for healing and transformation.

Raab blogs for *Psychology Today*, *The Wisdom Daily*, *The Good Men Project*, *Thrive Global*, and is a guest blogger for many others. She's the author of two memoirs: *Regina's Closet: Finding My Grandmother's Secret Journal* and *Healing with Words: A Writer's Cancer Journey*, and five poetry collections. She's editor of two anthologies: *Writers and Their Notebooks* and *Writers on the Edge*.

Her poetry chapbook, [\*An Imaginary Affair: Poems Whispered to Neruda\*](#) was released in July 2022 (Finishing Line Press).

Many of her talks are based upon her book, [\*Writing for Bliss: A Seven-Step Program for Telling Your Story and Transforming Your Life\*](#) and its accompanying book: [\*Writing for Bliss: A Companion Journal\*](#). [\*Conversation Cards for Meaningful Storytelling\*](#) are based on these two books. Visit her at: <https://dianaraab.com>