

Bio Note Diana Raab, PhD

Diana Raab, MFA, PhD, is a memoirist, poet, blogger, speaker, and award-winning author of nine books. Her work has been published and anthologized in over 1000 publications. She frequently speaks on writing for healing and transformation.

Raab blogs for *Psychology Today*, *The Wisdom Daily*, *The Good Men Project*, *Thrive Global*, and is a guest blogger for many others. She's editor of two anthologies: *Writers and Their Notebooks* and *Writers on the Edge*; two memoirs: *Regina's Closet: Finding My Grandmother's Secret Journal* and *Healing with Words: A Writer's Cancer Journey*, and four poetry collections, including *Lust*. Her latest books are [*Writing for Bliss: A Seven-Step Program for Telling Your Story and Transforming Your Life*](#) and [*Writing for Bliss: A Companion Book*](#). Her latest creative endeavor are Conversation Cards for Meaningful Conversation, available on [Amazon](#). Visit her at: [dianaraab.com](#).